IBRA International Bone Research Association

Name of Scholar: Salvador David Rogel

Country of Citizenship: Argentina

Name and Country of Training Center: Centro Médico Teknon. Barcelona, Spain.

Name of Fellowship Director: Dr. Joaquim Casañas

Scholarship Type (Program B or C): C

Type C: Arthroscopic lunocapitate Synovial plica: Cause of undiagnosed chronic ulnar mid-carpal pain

Scholarship date: September to November 2022

What were your professional and personal expectations of the scholarship?

To Know and learn the diagnosis, management and advancer surgical techniques of a world-renowned center.

What is the main focus of the IBRA training center (in general and of the department) you assisted in?

All kinds of upper limb surgeries are performed, like trauma, arthroscopy and microsurgery. Dr Casañas specializes above all in reconstructive surgeries of the upper limb, plexus and peripheral nerve.

What did you do during your scholarship/how were you incorporated in the training center's daily routines/activities:

How many surgeries have you assisted and which concrete technical modifications and methods have you seen?

I attended and average of 12 surgeries weekly for 3 months. Within the trauma unit service, they have surgeons with diverse and different techniques and approaches in upper limb pathologies, that allows them to adapt to the different sceneries that patients and they variables could present.
The arthroscopic and arthroplasty techniques were my favorites.

Specify your 3 to 5 favorite procedures and/or new skills you could acquire

- Arthroscopic hemitrapecectomy
- Elbow Arthroscopic diagnosis
- Arthroscopic scapholunate instability
- Total trapezo-metacarpal arthroplasty

Which procedures can potentially be adopted in your future practice and how do they compare to your experiences at home

All of them, I will try my best to perform these techniques on my patients.

What was the most significant personal experience of the scholarship for you (e.g. cultural exchange etc.)?

The Teknon center has huge and advanced technology. the human group was incredible, they were all very generous with theorical and practice knowledge. I was able to observe and participate in all the surgeries of my greatest interest.

It was an amazing experience that I will never forget. I would recommend to any college learn about the service, whether through the IBRA program or outside of it.
I am eternally grateful to the IBRA program for giving me this possibility, to the doctors of the trauma unit group and to my fellow fellows.

Best regards.

Rogel Salvador