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On my first day of duty, the team led by Prof. DDr. Oliver Ploder gave me a warm welcome, beginning my first day in the meeting hall with my introduction to all the colleagues. Within a very short period of time and in the most hospitable manner, I was introduced to all the activities of the department, such as the operative room, the out-patient clinic, the case-discussion meetings and rounds. I was very enthusiastic to attend surgeries that are underdeveloped in our institution and our country as well as to participate into interdisciplinary meetings where the most prominent aim and interest was to provide the best treatment option in order to rehabilitate the patient.

After a couple of days working with the maxillofacial team, we started to share a lot of time together in the hospital, both the consultants and the residents. I must say I was impressed how hard workers they are. And I also have to say how friendly they are after work. Smiling and working is something that happened at the same time.

I experienced a high level of surgery that has allowed me to acquire new knowledge, develop new skills, and expand the boundaries and a variety of treatments that can be performed in our patients with an interdisciplinary management in the interest of providing the best alternatives to our patients to regain their health and obtain a complete rehabilitation.

During my stay, I had the opportunity to participate in surgical procedures in all areas of Oral and Maxillofacial Surgery (Orthognathic surgery, facial trauma and oral surgery, tumor and reconstructive surgery, cleft lip and palate, septo-rhinoplasty, TMJ surgeries,

distraction osteogenesis, implant surgery) with emphasis in orthognathic surgery. More interestingly I had chance to join them in some kind of surgery that we don't perform in my hospital such as orthognathic surgery, septo-rhinoplasty, TMJ surgery (arthroscopy and arthroplasty), distraction osteogenesis and implant surgery. In the course of 1 month of my stay, I was assigned to more than 50 cases to assist. These surgeries making the visit even more interesting, because it allowed me to evaluate treatment alternatives, comparison and analysis in accordance to developments reported in the scientific literature, and consider the advantages and disadvantages, to standardize the diagnosis, management and treatment in our patients.

It was very gratifying to see the interdisciplinary medical management that exists in the Hospital, the high degree of professionalism and commitment to patient-doctor to treat the disease. Every patient was treated with warm welcoming, explaining the whole procedures in details and then treating with full skills and knowledge.

During my training period I had an opportunity to attend a workshop and actively participated in teaching learning process. It was wonderful experience to have presented my works and current status of oral and maxillofacial surgery in Nepal among the Austrian faculties.

My stay in Feldkirch, and my experience at Academic Teaching Hospital, motivated me deeply and positively influenced the path taken to keep the last few weeks with firm intention to make Maxillofacial Surgery at the highest level, being this time one of the most rewarding experiences in my life, because not only I could get rich in profound ways professionally, and directly receive the benefits of the extensive experience at Austria, but I say, pass on this learning new generations who are committed to the future development of Oral and Maxillofacial Surgery.

The procedures and new skills in areas such as orthognathic surgeries which are not so much practiced here in my country could be developed and enhanced after having exposure during the training.

We also appreciate and look forward for IBRA committee to conduct seminar and workshop in our country so that maxillofacial surgeons will be benefited and it will lead to the upliftment of oral and maxillofacial surgery in Nepal.

I want to express my deep thankfulness to **International Bone Research Association (IBRA)** and Scholarship Committee, who kindly awarded me the support and confidence in this clinical and surgical training, which made possible this wonderful experience, to which, I will be grateful forever. Today I can say “I have a new perspective of seeing oral and maxillofacial surgery with wide vision” and my respectfulness, my admiration, my gratitude to Prof. DDr. Oliver Ploder and to all physician members of the Department of Oral and Maxillofacial Surgery, at Academic Teaching Hospital who shared their experience and knowledge, and that made me feel at home from the first day until the last day of my visit.

With Prof. DDr Oliver Ploder and his team at Academic Teaching Hospital FELDKIRCH, Austria

Assisting case for Orthognathic Surgery with Prof DDr Oliver Ploder