IBRA Visiting Fellowship Orthopaedic Department, Duke University, Durham, USA

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As Foot & Ankle Orthopaedic Fellow of Prof. Dr. Dr. Valderrabano, MD PhD, Professor of the University of Basel and Chairman of SWISS ORTHO CENTER in Basel/Switzerland, I had the unique chance to visite as IBRA Fellow to visit the Orthopaedic Department, Duke University, Durham, USA. There in the world-wide well known Division of Foot and Ankle Orthopaedics, I could enjoy the International Bone Research Association (IBRA) Scholarship Type B for the period of September 30, 2019, to October 11, 2019.

During my visit I attended grand rounds, lectures and journal club and observed surgeries and clinical care. My activities were conducted at Campus of the Duke University Medical Center and at the Page Road Facility. I observed Prof. Dr. Mark Easley and Prof. Dr. James K. DeOrio.

I was exposed to a wide range of procedures for the treatment of all ankle, hindfoot, midfoot and forefoot disorder, including e.g. primary and revision total ankle replacement with different system, arthrodeses, ligament reconstructions, cartilage surgeries, posttraumatic reconstructive surgeries and deformity corrections. I observed different techniques and systems during my visit like e.g. MEDARTIS foot plates for midfoot arthrodesis, VANTAGE 2-component Total Ankle System, STAR ankle, Salto Talaris® Ankle, INBONE™ Total Ankle System, Gravity Planter plate repair implant, Lapiplasty system 2 for Lapidus AD, and others. I also attended the outpatient clinic and evaluated a variety of pre-and post-operative foot and ankle cases. The most significant personal experience of the scholarship for me was to get linked with such expert and internationally renowned colleagues. At the end of my visit I received a nice Diploma Certificate for my Visiting Felllowship.

I thank herewith IBRA to support this unique Visiting Fellowship, and Professor Valderrabano, Professor Mark Easley and Professor James K. DeOrio for making this amazing experience possible.

Dr. Faisal Alsayel, MD

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